



Meeting Minutes  
March 13, 2017

**Attendance:** Janie Votta (Civic organization), Sandy Fletcher (Civic organization), Pam Dell'Aquila, Pete Dell'Aquila (Other organization involved in substance abuse prevention), Yatitza Guzman (Other organization involved in substance abuse prevention), Evan Westart (Other organization involved in substance abuse prevention), Pegg Warnick (Business), Veronica Kovar (Other organization involved in substance abuse prevention), Mark Kovar (Law enforcement, Other organization involved in substance abuse prevention), Shane Trager (Schools), Shree Woods (Other organization involved in substance abuse prevention), Amrita Raghuraman (Other organization involved in substance abuse prevention), Rich Rizzo, Jim Vehrs (Local government), Nick Ficarello (Law enforcement), Sarah Nalley (Parent), Marney Simon (Media)

**Call To Order:** Pete called meeting to order at 4:36 pm and led the Pledge of Alligiance.

**Approval of Minutes:** Pete called for a motion to approve February meeting minutes. Sandy motioned. Pegg 2nd. Motion carries.

**Approval of Treasurer's Report:** Sandy reported a March 1, 2017 checkbook balance of \$2960.34. Since the March 1 statement, the coalition received 2 \$50 donation checks in memory of Steve Debelak, and two checks were written and are still outstanding. A \$15 check was submitted with the NPF Annual report to Lisa Madigans office, and a reimbursemet check for \$28.16 was issued to Pam for payment of the Southern Will Parents domain renewal. The current checking account balance is \$3017.18. Pete called for a motion to approve March Treasurer's report. Jim motioned. Nick 2nd. Motion carries.

**Bylaws Amendment Proposal:** Pam explained a proposal to amend the Exectutive Board Terms of Office section of the BAHCC bylaws to avoid complete Board turnover at one time.

#### **Current Bylaws**

**Section 3.2 Appointment and Term of Office.** Each Board member shall be elected annually by the members and shall be nominated for a specific Officer position or the one non-officer position. Each Board member shall hold office until the next annual meeting or until his/her successor has been duly elected and qualified for the position.

#### **Proposed Bylaws Amendment**

**Section 3.2 Appointment and Term of Office.** Each Board member shall be elected for a two-year term by the members and shall be nominated for a specific Officer position or the one non-officer position. Elections shall be held annually, with President and Treasurer elected in even-numbered years and Vice-President, Secretary, and Member-at-Large elected in

odd-numbered years. Elected officers shall begin serving their terms in office in August, following the June annual meeting and election.

## **Article XII** **Amendments**

**Section 12.1 Amendments.** These Bylaws may be amended by the affirmative vote of a simple majority of voting members present at any open meeting of the Organization, provided that a quorum of 2/3 of the voting members are present for the meeting. Written notice of any proposed amendment to the Bylaws shall be given to all members not less than ten (10) days prior to any meeting in which the proposed amendment of amendments are to be considered.

The proposed amendment is to be voted on at April 10, 2017 coalition meeting, with nominations in May and election in June.

### **Partner Updates:**

**Fishing for a Cure** - Pegg reported that 55 boats have registered so far. There is a 100 boat limit for the June 3, 2017, tournament. The goal is to raise a minimum of \$55,000. There will be prize drawings, t-shirt sales, and fundraising cards (similar to Comet Cards). Pegg asked the membership to assist in soliciting businesses, which will pay \$25 to be included on the fundraising cards. The cards will be sold for \$10 and our members' help to sell the cards will be appreciated. Pegg said that a 4:30 am start for boat registration will occur at the south boat launch off of Kankakee St south of Godley. ESPN will broadcast live from the event, and Pegg suggested a BAHCC spokesperson be present to be interviewed. A kids fishing tourney will be held on the same day at Godley Park District from 10-11:30 am, with registration beginning at 9 am and awards and hotdogs to follow. The coalition is welcome to have information tables at both locations.

(Secretary's Note: We will need to have volunteers to man information tables, and to assist at the kids event. Sign up sheets will be made available at the April and May coalition meetings.)

**Will County Health Department** - Amrita reported that the MAPP collaborative is sponsoring a Healthy Worksite Wellness Award. Info can be found on the MAPP website. Amrita and Shree reported that the Peotone Reality Illinois group went to the Peotone Park District Board meeting to introduce the idea of implementing Tobacco Free Parks and that they were receptive to the idea. Community surveys are going out. The goal is to present to the Park Board in May.

**C.H.A.N.G.E Program** - Nick and Sarah reported that this year's golf outing will benefit the BAHCC with a 50/50 split of proceeds going to the coalition undesignated funds and the H.E.A.R. US Initiative. The event will be held on Friday, August 4, 2017, at Heritage Bluffs Golf Course in Channahon with a noon shotgun start. The \$100 fee per golfer will include 18 holes of golf, a cart, a light lunch of hotdogs and chips, and a banquet to follow. Raffle tickets will be sold for prizes to be drawn at the banquet.

(Secretary's note: Volunteers will be needed for the event and sign up sheets will be available at the May and June coalition meetings.)

Chief Ficarello spoke about the C.H.A.N.G.E. program at the heroin forum held in Wilmington on March 2. Pete and Chief Ficarello will be presenting at the JJC Anti-stigma Symposium on April 21, 2017. (Secretary's Note: Their presentation is scheduled for 10 am.)

**RAD** - Pete reported that the group will meet later this month and thanked Marney for the recent article in the paper about the RAD students' report to the coalition on their experiences at the CGTI leadership weekend. He said that the youth had recently made t-shirts to wear to promote the group to their peers.

**SMART Recovery** - Pam indicated that Denise has reported that the support group has 3 regular attendees and she receives a lot of calls and emails about the group and from people who have recovery questions.

**PRADA** - Mark reported that about a dozen people have registered for the upcoming PRADA sponsored two-part Mental Health First Aid Trainings to be held on March 25 AND April 8 from 9 am til 1:30 pm at Immanuel United Church of Christ, 311 W Corning Ave., in Peotone. Interested parties can register by emailing [peotonecoalition@gmail.com](mailto:peotonecoalition@gmail.com)

**Melissa's Closet & Crystal's Jewelry Box** - Sandy reported that there were 1900 dresses available for the purchase price of \$5.00 at the March 4th event held at Godley Park District from 9 am til 1 pm. The shoppers had the opportunity to have their hair and make-up done by volunteers from Paul Mitchell and Mary Kay. The goal of the event was to raise funds for the presentation of 3 \$500 scholarships to local graduating seniors.

### **Project Coordinator Updates:**

#### **Member Education -**

- a) CADCA Articles titled "Business Groups, Once Tobacco-Friendly, Switch Sides in Fight" and "Poll: More People are Taking Opioids, Even as Their Concerns Rise" were distributed to members.
- b) Pete and Yartiza recently attended a workshop at Chestnut's Bloomington office on ACEs (Adverse Childhood Experiences.) Pete indicated that the question as to why addiction is such a problem locally often is asked, and that understanding ACEs experienced by the youth in our community may provide some answers. He shared the TED talk by Dr. Nadine Harris Burke entitled "How Childhood Trauma Affects Health Across a Lifetime"

[https://www.ted.com/talks/nadine\\_burke\\_harris\\_how\\_childhood\\_trauma\\_affects\\_health](https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health)

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Cross a lifetime and discussed how such adverse childhood experiences such as physical, emotional, and sexual abuse; physical and emotional neglect; and household dysfunction such as mental illness, domestic violence, divorce, substance abuse and/or an incarcerated relative can disrupt neurodevelopment; cause social, emotional and cognitive impairment; lead to the adoption of health-risk behaviors; cause disease, disability, and social problems; and lead to early death. He indicated that increased ACEs

correlate with such behaviors as lack of physical activity, smoking, alcoholism, drug use, and missed work; and with physical and mental health issues such as severe obesity, diabetes, depression, suicide attempts, STDs, heart disease, stroke, COPD, and broken bones. The probability of outcomes for tobacco use, becoming an alcoholic, IV drug use, having heart disease, and attempting suicide are staggering as the number of ACES experienced increases.

**Parent and Youth Communication Campaigns** - The graphics for next year's campaigns are being developed. Youth and parent campaign focus groups will be conducted as this year's campaign draws to a close. Getting participation by students in the the Youth Communication Campaign has been an ongoing problem.

**YPE** - The Youth Prevention Education programs at RCIS, RCMS, and RCHS continue to run smoothly.

**Action Team Breakout Session:**

**Key Informant Interviews** - Pete explained the importance of gathering of qualitative data to be utilized in addressing community concerns, developing action plans, and evaluating coalition impact. He thanked Yaritza for putting together the questionnaire for the membership to use to interview one another. He indicated that this exercise will be good practice for members to interview other key community members. Information collected included the name of the interviewee and the community in which they live. The following questions were asked of the interviewees: 1) What do you most enjoy about your community?, 2) How would you describe your community?, 3) What are some strengths you see in your community?, 4) What are some weaknesses you see in your community or things you would like to change about your community?, 5) What are some ideas for addressing your community's weaknesses?, 6) Where do you see your community in five years?, and 7) What do you know about the Braidwood Area Healthy Community Coalition? Interview questionnaires were collected and information will be tabulated.

**Adjournment:** The meeting was adjourned at 6:05 pm

The next meeting will be held on Monday, April 10, 2017, at 4:30 pm in the Braidwood Fire Department Training Room.