



Meeting Minutes January 9, 2017

Attendance: Pete Dell'Aquila (Other organization involved in reducing substance abuse), Pam Dell'Aquila, Sandra Fletcher (Civic Organization), Janie Votta (Civic Organization), Mark Kovar (Law Enforcement, Other organization involved in reducing substance abuse), Niki Perry (Healthcare professional, Business), Tim Ricketts (schools), Evan Westart (Other organization involved in reducing substance abuse), Eileen Lacy (State, Other organization involved in reducing substance abuse), Paula Ekstrom (Other organization involved in reducing substance abuse), Sarah Nalley (Parent), Nick Ficarello (Law Enforcement), Amrita Raghuraman (Other organization involved in reducing substance abuse)

Call to Order: 4:35 pm by President Tim Ricketts, who led the Pledge of Allegiance, and called for introductions.

Approval of Minutes: December minutes were emailed to members prior to the meeting and printed copies were available at the meeting. A typo was pointed out and will be corrected. Tim called for motion to approve December meeting minutes as amended. Sandy motioned. Mark 2nd. Motion carries.

Treasurer's Report: January Treasurer's Report was emailed to members prior to the meeting and copies were available at the meeting. The checking account balance is \$3020.34. Two \$75.00 checks were written to CGTI for two RAD students to attend the 2017 Mid-Year Conference on Saturday, January 15-Sunday, January 16, 2017 in Normal, IL, with several Wilmington HS YCAT students. The undesignated funds balance is \$687.69. The designated funds balance is \$2332.65 with \$1142.56 available in HEAR US, \$274.00 in BASSET, \$416.09 in CDAE, and \$500 in YCC. Tim called for motion to approve January Treasurer's Report as presented. Janie motioned. Nick 2nd. Motion carries.

Sandy mentioned that it may be prudent to have an external audit performed. Sarah said she would check with Brenda Anderson.

Action Team Reports & Partner Updates:

C.H.A.N.G.E. Program (Communities Helping Addicts Needing to Gain Empowerment) -

- 10 clients have been placed
- More placements are being handled on our own
- New partner agencies are being sought
- Crisis intervention training for CHANGE agents (and PD officers) is in the works
- Availability list for CHANGE agents is being organized
- Sarah is working on a procedure manual

- Chief will be talking about the CHANGE Program at the Anti-Stigma conference at JJC on April 21st
- Plans are in the works to invite Chief Langlois from Dixon and Tim Ryan to speak to other PDs about starting similar programs in their communities
- Janie received a letter from a placement that will soon be completing the inpatient program at Haymarket
- We are looking at a 60% success rate
- Being able to offer a support group when clients return from treatment is essential to their recovery

SMART Recovery - Denise reported that she had two people attend the last meeting. (Slow but steady winds the race!)

RAD (Reed-Custer Against Drugs) - 2 students will be attending CGTI's Mid-Year conference with several WCHC YCAT youth group members on Jan 15 & 16th in Normal. They will share with us when they return. They are planning activities for National Drug & Alcohol Facts Week. Tim is planning for a joint meeting with the RAD students, the WHS YCATS, and the PHS TAD students sometime in the future.

EYPC/Reality IL - Amrita reported that 12 signs were put up at the Braidwood Park District's parks (No Tobacco Use at Kiddie Parks and Tobacco Free Zones at Braidwood City Park). The Health Department placed a thank you ad that ran in the Braidwood Journal. Now that these zones have been established, no more initiatives are scheduled in Braidwood. The Reality IL educators have talked to the TAD students in Peotone & will be working with them to establishing Tobacco Free parks in Peotone.

PRADA - In order to promote PRADA in Peotone, they are working with Catherine Rook of Sertoma Centre to schedule Mental Health First Aid Training in March for their first responders and community members. Catherine will be discussing the program at the PRADA meeting on January 19th.

Guest Speaker: Niki Perry, a certified mental health counselor & physical fitness trainer and owner of 515 Fitness in Coal City spoke about the revolutionary Mental Health program they offer to people of all ages at her facility, which is open early in the morning til late in the evening to meet client's needs. In addition to counseling, her staff stresses the practice of good habits (exercise) and good nutrition in the treatment of mental health and substance abuse. Clients they have served range from age 1 - 83. The staff will set up a treatment plan with each client and submit bills to their insurance. Niki noted that they will not turn anyone away, regardless of insurance. Information was distributed to members.

WCHC - President Paul Ekstrom reported on what is happening with the Wilmington coalition.

- Plans are in the works for the first Post Prom for WHS Students. The project is being spearheaded by FCC with assistance from other local churches. The new WHS principal was involved in PHS's post Prom, so has many great ideas.
- The YCAT group worked on the alcohol Town Hall Meeting that was recently held in Wilmington.
- Training is scheduled for the new drug dog in Wilmington.
- The WCHC Board and staff are finalizing their semi-annual DFC report.
- The Lions Quest program will be implemented at Bruning School (pre-K & 1st grades)
- Parent meetings will be held in conjunction with the Lions Quest programs.

Illinois National Guard Counterdrug Task Force - Sgt Lacy reported that they have increased manpower to serve coalitions on a one to one basis throughout Illinois by training their data analysts to work with coalitions. She introduced Evan Westart, who is based out of Kendall County, as our new liaison.

Project Coordinator Updates:

CADCA Leadership Forum - Pete will be attending CADCA'S Leadership Forum in Washington, D.C. on Feb 6-9 with several members of WCHC.

SPF Grant Award - Pete reported that the state has awarded an additional \$4000 to our SPF grant to be utilized for capacity building, programs and campaigns as are indicated in the grant. Ideas for spending down this extra award might be to offer a post prom prize, and for printing of coalition brochures.

CADCA Member Education Articles - Pete distributed the following member education articles from CADCA: "Combating Creative NHTSA Virtual Game Encourages People to Drive Sober During Holiday Season and Always", "2016 Monitoring the Future Highlights", "Walgreens Expands Availability of Naloxone without a Prescription to 33 States and D.C." He also provided an article from the Naperville Sun: "Heroin-related deaths up 42% in 2016 in Will County; Dupage numbers still out".

Website - Pete reported that several proposals have been received and the selection of the contractor is being handled by Chestnut.

WORDIES: Pete offered another rousing (and difficult) session of wordies to get our brains in gear!

Action Team Break-out Session:

Client Development Team

Goal: Recruit Faith Sector

Actions:

- Gather a list of churches
- Get contact information
 - Pastors Association
 - Bulletin process
- Delegate tasks for contact and information dispersion
- Provide a networking opportunity
 - Breakfast group meeting

Program Development Team (see below)

Adjournment: The meeting was adjourned by Pete at 6 pm

Next Meeting -

Monday, February 13, 2017 @ 4:30 pm at the Braidwood Fire Station Training Room

Program Development Team

Goal: Train CHANGE Agents

S	Specific	<p>What exactly needs to be accomplished? Who Needs to be involved?</p> <p>Why do we want to accomplish this goal?</p>	<p>CHANGE Program Training Manual, including crisis intervention training for agents & PD Sarah & Michelle Soucie (PD), Denise Rall (certified crisis intervention instructor), agents and PD</p> <p>Everyone needs to follow same procedure/policy/protocol, increase awareness</p>
M	Measurable Show Outcomes	<p>How will we know we succeeded? How much change needs to occur?</p> <p>How many actions will it take?</p>	<p>In one month, get training scheduled, & continue work on training manual Agents need to have background checks completed and become LEADS certified, make program name official with attorney Call Denise to schedule training, start flowchart, Tari do background checks and LEADS certification</p>
A	Attainable	<p>Do we have the resources needed to achieve the goal? Is the goal too hard or too easy? Are the actions we take likely to bring success?</p>	<p>Yes, we have a short list of facilities, a partial manual, and have identified a certified crisis intervention trainer Scheduling of training for all participants will be the most difficult Yes</p>
R	Relevant	<p>Is the goal worthwhile? Is it meaningful to the coalition? Will it delay us from achieving a more important goal? Are we willing to commit to the goal?</p>	<p>Yes Yes No Yes, we have already started the commitment</p>
T	Time-Bound	<p>What is the deadline for reaching the goal? What do we need to take action? What can we do today?</p>	<p>End of 1st quarter 1-10-17, Process already started Pam get Sarah Denise's contact info and a list of other fairly close treatment facilities</p>